

# Maria Santos

04xx xxx xxx | maria.santos@example.com | Blacktown, NSW

## PROFESSIONAL SUMMARY

Compassionate and reliable aged care worker with a Certificate III in Individual Support (Ageing), seeking a role supporting elderly residents with personal care and daily living. Calm and patient, with a genuine commitment to dignity, safety and person-centred care. Available for morning, evening and weekend shifts.

## KEY SKILLS

- Personal care (showering, dressing, grooming)
- Mobility assistance and safe manual handling
- Medication assistance and monitoring
- Meal preparation and feeding support
- Dementia-aware, dignity-focused care
- Documentation and progress notes
- Empathy and clear communication
- Reliable, punctual and a team player

## EDUCATION

**Certificate III in Individual Support (Ageing)** 2025

TAFE example, NSW

Completed, including supervised work placement in residential aged care.

**Higher School Certificate (Year 12)** 2023

Secondary school example, NSW

Completed.

## WORK EXPERIENCE

**Aged Care Work Placement** Sep 2025 – Oct 2025

XXXX Residential Aged Care, Blacktown, NSW

- Assisted residents with personal care, mobility and meals under supervision
- Followed individual care plans and reported changes to registered nurses
- Supported social activities and provided companionship to residents

**Volunteer Carer** 2024 – 2025

XXXX Community Centre, Blacktown, NSW

- Provided companionship and support to elderly community members
- Helped run social and recreational activities

## LICENCES & CERTIFICATIONS

- First Aid and CPR certificate (HLTAID011)
- National Police Check (current)
- NDIS Worker Screening Check
- Driver's licence (Full)

## REFEREES

Referees available on request.