

Jack Thompson

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PROFESSIONAL SUMMARY

Hardworking and reliable labourer with a current White Card, seeking construction or general labouring work. Physically fit, punctual and safety-focused, with experience using hand and power tools and following site instructions. A dependable team member who is happy to start early and put in a solid day's work.

KEY SKILLS

- White Card (construction induction)
- Safe manual handling and lifting
- Hand and power tools
- Site preparation and clean-up
- Loading, unloading and moving materials
- Following safety procedures and instructions
- Reliability and punctuality
- Teamwork and a strong work ethic

EDUCATION

Construction Induction (White Card) 2025
Registered training provider, VIC
Completed.

Year 12 (VCE) 2023
Secondary school example, VIC
Completed.

WORK EXPERIENCE

Trade Assistant (Casual) 2024 – 2025
XXXX Construction, Geelong, VIC

- Assisted tradespeople with materials, tools and site set-up
- Kept the site clean, safe and well organised
- Loaded and unloaded materials and operated basic equipment

Warehouse Assistant (Casual) 2023 – 2024
XXXX Logistics, Geelong, VIC

- Moved and stacked stock safely using correct manual handling
- Helped load and unload delivery trucks
- Maintained a tidy and safe work area

LICENCES & CERTIFICATIONS

- White Card (Construction Induction) — current
- Driver's licence (Full)
- Manual handling training
- Forklift licence (LF) — optional

REFEREES

Referees available on request.